

Project Plan

- ▣ Country name: Cambodia
- ▣ Project site name: Cheung Aek Community Development Project
- ▣ Writer name: Muney Chham (Cheung Aek CDP Manager)

This project plan has been described based on specific facts through supervision and confirmation from country director (Lee Sung Bum)

- ▣ Date: February, 2014

▣ Project overview

Project name	Community health improvement project	Total project period	February 2014 – December 2016
Goal	Improve the life quality of community people through improvement of basic health and medical environment		
Objectives	<ul style="list-style-type: none"> ● Improve health through providing public basic health and medical services to the vulnerable social groups who are in the health blind area ● Improve health recognition of community people and accessibility to medical services through health and medical education 		
Expected impacts	<ul style="list-style-type: none"> ● Improve accessibility to main medical services of children and supporters ● Enable children who have illness/disease and stay at home without medical services to use medical facilities ● Increase preventable diseases 		
Request amount for support	Korean currency 100,000,000won (yearly) / Total 300,000,000won (3 years)		

▣ Status of project site

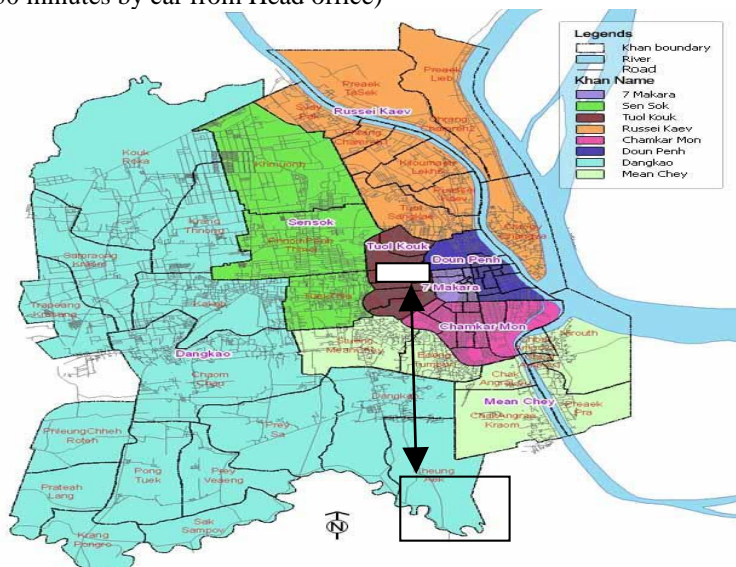
1. Project site name

Cheung Aek Community Development Project

2. Location of project site

1) Distance from head office (Travel time by car, km)

About 13km away from the southern part of Phnom Penh city
(30 minutes by car from Head office)



2) Characteristics of geography (location)

Cheung Aek commune is the outskirts of city located in Dangkao district, Phnom Penh city (the capital of Cambodia). Total 1,891 household. 8,184 residents (including 4,279 children)

3. Characteristics of project site

This project site consists of 6 villages and there are 2 primary schools (Ougotrakiet, Cheung Aek) and 1 health center as infrastructure in community. But most of community people rarely receive medical services. The main types of occupation engaged in are factory laborer (40%), Agriculture (30%), Service industry (20%) and Other industry (10%).

Also, project site is well-known as Genocidal Museum Boeng Cheung Aek, namely Killing Field. So even though a lot of visitors come every day, only some of people who sell souvenir can get income. And most of community people are in difficult situation for living.

Health deterioration from environmental pollution

This project site is located in landfill site in the outskirts of city. Because of stench, pest, sewage from here, environmental pollution becomes hazard to health and living for community people. The lake located in near area makes also difficulties to livelihood of community people who are working in here because of water pollution and impossibility of fishing and distribution from sewage.

Low accessibility to medical services and high cost

Medical services are also urgent issues that this project site has. Most of community people live in remote area that cannot be accessed to existing medical facilities or hospital run by government. Especially, the poor don't have enough money to pay transportation fee to visit medical facilities. So when they have serious disease, it is difficult to get treatment because of high cost for treatment and insufficient fee for transportation. The poor who work as daily laborer don't have economic ability to maintain livelihood or support family because of disease. It makes poverty worse and worse.

4. Necessity of project

1) Reason of selecting project site and beneficiaries

It is common that public services are provided in proper level in the city area, but as a result of research (Participatory Appraisal Process) in Cheung Aek commune that is target area, we found that most of people who live in this poor area in outskirts of city cannot receive public health and medical services. In poor area of city, public hygiene condition is serious because of unprotected hygiene facilities (water supply and drainage and wastes disposal system) and many people live in house built on the lake polluted by sewage from landfill. Thus, most of people are in vulnerable hygiene condition and especially, children are in more vulnerable situation. Toilet facilities also aren't equipped well, so most of people bury excrement under the ground or more than half of people nearly excrete it to waterway or pond.

When the poor use private medical facilities, they should pay high cost. So they should public medical facilities and because of this situation they are discriminated on accessibility to medical services. Even though many children in poor level are suffered from malnutrition, most of parents don't have time to take care of their children and provide proper nutrition because they work for the whole day. Thus, children are in very serious health condition by suffering from insufficient nutrition, nurture and hard living condition. Discrimination and neglect from public medical facilities than any other things make the poor hard to get proper medical services.

2) Meaning (Necessity) of this project in the process of Good Neighbors Cambodia project

Good Neighbors Cambodia project status for improving health

Project name	Beneficiary	Number of beneficiary	Contents
Feeding project for infant	Infant 3 – 5 year-old	85 infants	Provide nutritious meals twice (breakfast and lunch) per day to children who attend daycare center operated by Good Neighbors Cambodia
Health check-up and	Sponsored children	1,414 children	Basic health check-up for sponsored children twice per year and vaccination cooperated with local health

vaccination for children			center Select and help children who are in bad health condition to go to the hospital to get treatment
Providing medical services	Children and community people	10 beneficiaries	Support fee for medical treatment and transportation to get treatment when community people have health problems
Child Health Insurance (CHI) (didn't start yet)	Community people	2,000 people	With small amounts of insurance fee paid by community people by themselves, get medical treatment free or small expense to specific treatment through cooperation with local hospital or recruit doctor in direct
Health education	Community people and parents of children	400 people	Basic health education such as health life, public health, health care and etc.
Water improvement project	Community people	200 people	Select household live in water-polluted villages, distribute home water purifier, teach how to use it and monitor/manage it Check the suitability of drinking after water quality test of drinking water resources in the community and teach how to drink it

As above, Good Neighbors Cambodia conducts basic health and medical project. These programs are usually provided to vulnerable people and children in the community. But basic health and medical treatment must be provided to not only those people, but all people in the community. Health post is the smallest unit of public health and medical system in the community, but it doesn't work as an original function because of the complicated factors like policy, human resources, medicines, equipment and etc. As a result, it causes low reliability of community people to public health and medical services and makes them to use private medical facilities even though high treatment fee.

Through this project, it is expected that increased reliability to basic health and medical services of community people, reduced disease incidence and improvement of basic health and medical services by expanding health center and normalizing its function. Also, by operating health center, it will be functioned as general welfare services through services that Good Neighbors Cambodia cannot provide to community people.

To conduct effective project, Good Neighbors Cambodia will draw close cooperation with government health organization. And through this, we will make medical staff at health center be easy to get medical license and be possible to prepare medicine and do health check-up at the health center. Also, Korean nurse dispatched from KOICA will provide medical services with advanced techniques. The cooperation between Korea and Cambodia to improve health and medical environment of vulnerable people living in Cheung Aek will be a good model for the local society. And it will contribute to improve the life quality of vulnerable people who pay a lot of cost for treatment than any other things.

Furthermore, we will support to develop active and integrated basic health and medical services beyond treatment after the outbreak of disease through improvement of recognition empowerment of individual basic health knowledge.

3) Expected impact through project

- Improve accessibility to main medical services of children and supporters
- Enable children who have illness/disease and stay at home without medical services to use medical facilities
- Enable community people who are suffered from waterborne and tropical diseases to get treatment and prevent it

Through this project, a lot of positive changes will be occurred to local vulnerable people. Good Neighbors Cambodia will make a long term plan and operate it to guarantee basic health and medical services for community people in long term and sustainably. With successful operation of project, free basic health and medical services will be provided in the community. Thus, it is expected that

reduced burden for treatment and improvement of accessibility to medical services can improve health and life quality of community people. Also, community people can get more benefit even though they use less amount of treatment fee than before. It makes them reduce household expenses and save money for the future. As a result, it causes positive impacts to life quality of community people. Also through health management education, it is expected that community people can improve recognition for health problem management and get knowledge by themselves.

▣ **Yearly project plan**

▣ **1st year project plan**

Contents		Description	Time	Beneficiaries
Project	Detail Project			
Community Health improvement Project	Community health baseline survey	<p>Make a suitable plan through survey of community present health status and investigation of health conditions at Specialized research institute</p> <p>Base line survey community health.</p> <p>Community service need assessment and environment survey</p>	Feb to Apr (yearly)	Community 1000 people
	Basic health service improvement	<p>Provide health service to manage basic disease and check up through health post which locates near community villages</p> <p>Doctor & Nurse work in Health post from 8am – 5pm. And home visiting treatment in emergency situation happened</p> <p>Purchase of medical instruments & medicine</p>	<p>Apr to Jun : repair old health post</p> <p>May to Dec : provide health check-up</p>	Total use of health post personnel 1200
	Health awareness improvement	<p>Doctor or nurse prepare health care education program and we cooperate with health post and community to raise awareness health care service.</p> <p>In general community people don't want to use health post because of their poor situation. But when community people need to take proper care, they will receive treatment for prevent progressing disease and importance treatment.</p> <p>to improve accessibility about health service.</p>	1time / 2months	Community 1500 people

▣ **Schedule**

Contents		Schedule(Monthly)											
		1	2	3	4	5	6	7	8	9	10	11	12
Project Proposal & MOU													
Health post consignment MOU													
Project	Detailed plan												
Community health service improvement program	Community health baseline survey												
	Basic health service improvement	Repair health post											
		Provide health service											
	Target health education												
	Monitoring and evaluation												

▣ 2nd year project plan

Contents		Detail Program	Description	Time	Beneficiaries
Project	Detail project				
Community Health improvement Project	Basic health service improvement	Health post service	<p>Basic health treatment service & prescription medicine</p> <p>Doctor & Nurse work in Health post from 8am – 5pm. And home visiting treatment in emergency situation happened</p> <p>Purchase of medical instruments & medicine</p>	Jan to Dec (yearly)	Cheung Aek Community 2,000 people (Accumulated)
		Maternal Health service	Obstetric instruments purchase, diagnosis service for fetus disable maternal health care before and after pregnant following pregnant cycle	Mar to Dec (yearly)	Cheung Aek Community 100 Pregnant women & Baby
		Medical treatment fee support for special disease	<p>Medical treatment fee support for specific disease that is taken frequently in community</p> <p>It help household to reduce expense of treatment fee. It would affect to increase household income.</p>	Mar to Dec (yearly)	Cheung Aek Community 500 people
		Referral service	<p>People usually pay transportation more than treatment fee so a lot of people give up to take treatment and leave disease worse</p> <p>Referral and treatment fee support to referral hospital whom wouldn't be treated in health post</p>	Mar to Dec (yearly)	Cheung Aek Community 50 people

		Prevention of AIDS												
Health awareness improvement		Community health concert												
		Health education on radio												
		Health care seminar												
		Community Health H.R training												
	Monitoring													

▣ **Budget Plan**

▣ **3rd year detail plan**

Contents		Detail Program	Description	Time	Beneficiaries
Project	Detail Project				
Community Health improvement Project	Basic health service improvement	Health post service	Basic health treatment service & prescription medicine Doctor&Nurse work in Health Post from 8am – 5pm. And home visiting treatment in emergency situation happened Purchase of medical instruments & medicine	Jan to Dec (yearly)	Cheung Aek Community 2,000 people (Accumulated No)
		Maternal Health service	Obstetric instruments purchase, diagnosis service for fetus disable maternal health care before and after pregnant following pregnant cycle	Jan to Dec (yearly)	Cheung Aek Community 100 Pregnant women & Baby
		Medical treatment fee support for specific disease	Medical treatment fee support for specific disease that is taken frequently in community It help household to reduce expense of treatment fee. It would affect to increase household income.	Jan to Dec (yearly)	Cheung Aek Community 500 people (Accumulated No)
		Referral service	People usually pay transportation more than treatment fee so a lot of people give up to take treatment and leave disease worse Referral and treatment fee support to referral hospital whom wouldn't be treated in health post	Jan to Dec (yearly)	Cheung Aek Community 50 people
		Surgery support	Surgery fee & admission support for poor people couldn't take surgery	Jan to Dec (yearly)	Cheung Aek Community 10 people

Community Health improvement Project		Surgery support												
	Prevention of disease	Mosquito Net support												
		Distribution of Water Purifier												
		Prevention of AIDS												
	Health awareness improvement	Community health concert												
		Health education on radio												
		Health care seminar												
		Community Health H.R training												
	Hand over	Project hand over to Phnom Penh Municipal												
		Hand over ceremony												
	Monitoring													

▣ **Budget**

▣ **Achievement management**

Content		Objective	Indicator	
Project	Detail program		Short period	Long period
Community Health improvement Project	Community health baseline survey	- To recognize health & medical base line - To survey the disease caused frequently in community.	- Survey Report	-Root cause of disease analysis through treatment record book
	Basic health service improvement	-To increase the number of patients treated in health post - To provide basic medical service.	- No of patients treated in health post	- Illness rate & treatment rate analysis
	Prevention of disease	- To decrease waterborne disease and tropical disease	- Illness rate	- Illness rate
	Health awareness improvement	- to increase recognition of health & health post treatment. - To increase satisfaction of treatment of health post - Expand knowledge of basic health care	-Participation of program. - Questioner	-Participation of program. - Questioner

▣ **Plan for PR and project management**

1. Plan for PR

Project name	Method / media	Period	Remarks
PR campaign for improvement of health recognition	<ul style="list-style-type: none">- Events for PR program and recognition improvement- PR program and field reception for participation	April	
Leaflet distribution in the community	<ul style="list-style-type: none">- Print/distribute PR document to motivate participation of program	April	

2. Plan for sustainable management (monitoring) after termination of support

Project name	Method	Schedule	Remarks
Project transfer and monitoring	<ul style="list-style-type: none">- Discuss the project and health center transfer to local government in 2016- Empower staff in charge of health part at legal government and hand over project	2016	
	<ul style="list-style-type: none">- Sustainable monitoring for project and empowerment of human resources	2017	